

## Holland Independent School District

### School Health Advisory Committee Meeting Minutes May 5, 2014

MEMBERS PRESENT: Melinda Kurtz, Cindy Gunn, Heleana White, Megan Gersbach, Janet Frazier, Melany Cearley

Superintendent, Cindy Gunn, called the meeting to order at 6:00pm.

#### New Business:

##### A. Review SHAC Plan of Action.

The Holland ISD SHAC Plan was reviewed and new strategies were updated while other strategies no longer in use were removed from the plan. Mrs. Gunn will edit the existing plan for the committees review at the fall meeting.

##### B. Review the ACE Program.

Megan Gersbach, ACE Coordinator, gave an overview of the activities that enhance the Holland ISD Wellness Policy including the Garden Project, ESPN Zone, Rachel's Challenge, and Leadership Classes. Heleana White, Food Service Director, discussed the healthy snacks provided each day to students attending the ACE After School Program.

##### C. Discuss Health and Safety Curriculum.

Mrs. Frazier, Middle School Principal, discussed the Health Curriculum used in fifth and eighth grade emphasizing the healthy physical, nutritional, and emotional well-being of HISD students. She noted that all students Pre-K through ninth grade participate in a physical education class; eighth grade students receive CPR instruction; and the goals of the SHAC Plan are emphasized throughout the science curriculum at every grade level. There is not a single curriculum for Health and Safety because it is embedded throughout the entire curriculum. She referred to the SHAC Plan that emphasizes the many strategies in use.

##### D. Discuss Training Opportunities for Community Members

Discussion was held to provide CPR and First Aid training to community members. Mrs. Gunn explained that Holland ISD will hire a new nurse for 2014-2015 and will work to set up community training. Megan Gersbach reviewed the committee about the family workouts provided twice a week from 7:00pm to 8:00pm in the Elementary Commons. Community members, faculty, students, and parents are all encouraged to attend.

*Other Business*

Agenda items for the Fall SHAC Meeting were discussed to include clarification on the Smart Snack Program and Foods of Minimal Nutritional Value.

Meeting was adjourned at 7:05pm.