

School Health Advisory Committee
School Board Update
May 13, 2015

Holland ISD SHAC Vision Statement:

Our children will develop healthy life styles and avoid risky behavior. Our families will provide a nurturing environment while being involved in all aspects of their children's life. Our schools will provide a safe, stimulating atmosphere to enhance development of well-rounded individuals. Our community will partner with schools and businesses to offer a strong support system to benefit all members of the community.

Committee Members: Cindy Gunn, Melinda Kurtz, Heleana White, Megan Gersbach, Melany Cearley, Britt Gordon, Leah Smith, Shane Downing, Olivia Turnow, Kim Arnold, Brad Talbert, and Kinsey Gordon

Strategies:

- Coordinated School Health Curriculum
 - Healthy and Wise Curriculum
 - Physical Education
 - School Nutrition
- Student Wellness Program
 - Free Breakfast for all students
 - Extended Summer Meals
 - Day of Service
 - ACE Program
 - School Garden Project
 - Jump Rope for Heart
 - School Walk for Diabetes
 - Fitness Gram
 - Meats Lab Certification
 - Vaccinations
 - CPR/First Aid Training
- Staff Wellness Program
 - Blood Borne Pathogen Training
 - Hepatitis Vaccines
 - CPR/AED Training
 - Safety and First Aid Training
 - Bus Driver Physicals
- Community Wellness Program
 - Flu Vaccines
 - School Based Health Center Doctor Visits
 - Rural Health Rotation for Pre-Med Students
 - Blood Pressure and Cholesterol Monitoring
 - Family Exercise Program