

HOLLAND ISD

Monday	Tuesday	Wednesday	Thursday	Friday
			Oct - 1 Grilled Chicken On Bu Mini Corn Dogs Green Beans Banana Chocolate Milk FF White Milk 1% Ketchup Mustard Salad Dressing	Oct - 2 Hot Ham and Cheese Crispy Fish Sticks Ranch Style Beans Apple Chilled Fruit Mix Milk Chocolate Fat Fre Milk 1% White Bread 100% Whole W
Oct - 5 Chicken Patty on Bun TACO PIE WITH BEA Tater Tot Fresh Orange Chilled Fruit Mix Milk Chocolate Fat Fre Milk 1% White KETCHUP Mustard Salad Dressing	Oct - 6 Lasagna with Ground Meatball Hoagie Spinach Salad Banana Applesauce Milk Chocolate Fat Fre Milk 1% White Honey Wheat Roll Ranch Fat Free	Oct - 7 Pizza, Pepperoni Jammin' Turkey Panini Fresh Garden Salad Fresh Pear Rosy Applesauce Chocolate Milk FF White Milk 1% Ranch Dressing 12 gm	Oct - 8 Chicken Spaghetti Chicken Nuggets Sweet Potato Tot Banana Chocolate Milk FF White Milk 1% Ketchup Mustard Bread 100% Whole W	Oct - 9 Hamburger Burrito-Cheese/Bean French Fries Chilled Fruit Mix Blushing Pears KETCHUP Mustard Salad Dressing Milk Chocolate Fat Fre Milk 1% White
Oct - 12 Steak Fingers Chicken Nuggets Mashed Potatoes Fresh Orange Chilled Fruit Mix Milk Chocolate Fat Fre Milk 1% White Ketchup Honey Wheat Roll Cream Gravy	Oct - 13 Buffalo Mac and Chee Chicken Patty on Bun Spinach Salad Fresh Orange Chilled Fruit Mix Milk Chocolate Fat Fre Milk 1% White Honey Wheat Roll	Oct - 14 Pizza, Pepperoni Loaded Potato Fresh Garden Salad Fresh Pear Rosy Applesauce Chocolate Milk FF White Milk 1% Ranch Dressing 12 gm Toast- Wheat	Oct - 15 Chicken Quesadilla Chicken Fajita Pinto Beans Fresh Orange Fresh Apple MILK,1% Chocolate MILK,2% Lowfat Picante sauce	Oct - 16 Hot Dog with Bun Grilled Cheese Sandwi Carrot Sticks FRENCH FRIES Fresh Apple Fresh Pear Milk Chocolate Fat Fre Milk 1% White
Oct - 19 Steak Fingers Chicken Nuggets Mashed Potatoes Fresh Orange Chilled Fruit Mix Milk Chocolate Fat Fre Milk 1% White Ketchup Honey Wheat Roll Cream Gravy	Oct - 20 Beef Nachos Buffalo ChickenFlatbre Pinto Beans Fresh Apple Chilled Peaches Milk Chocolate Fat Fre Milk 1% White Salsa	Oct - 21 Pizza, Pepperoni Chili Mac Corn PEARS, It syp, canned Applesauce Chocolate Milk FF White Milk 1% Ranch Dressing 12 gm Honey Wheat Roll	Oct - 22 Rib Q on Bun Popcorn Chicken Green Beans Fresh Orange Chilled Fruit Mix Milk Chocolate Fat Fre Milk 1% White KETCHUP Mustard Salad Dressing Honey Wheat Roll	Oct - 23 Sub Sandwich Grilled Chicken On Bu French Fries Fresh Apple ORANGES Milk Chocolate Fat Fre Milk 1% White Mustard Ranch Dressing 12 gm Salad Dressing
Oct - 26 Pulled Pork Sandwich Chicken Nuggets Pork & Beans Wheat Rolls Fresh Apple Peaches Milk 1% White Milk Chocolate Fat Fre Ketchup	Oct - 27 Sriracha Honey Chicke Mandarin Orange Chic Herb Roasted Broccoli Asian Fried Rice Chilled Fruit Mix Fresh Orange Milk 1% White Milk Chocolate Fat Fre	Oct - 28 Pizza, Pepperoni Jammin' Turkey Panini Corn Fresh Pear Rosy Applesauce Chocolate Milk FF White Milk 1% Ranch Dressing 12 gm	Oct - 29 Hamburger Barbecued Chicken Roasted Potatoes Fresh Apple Chilled Fruit Mix Honey Wheat Roll Milk Chocolate Fat Fre Milk 1% White	Oct - 30 Mummy Dog Grilled Cheese Sandwi Broccoli Fresh French Fries Fresh Apple Applesauce Milk Chocolate Fat Fre Milk 1% White Ketchup Mustard

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Menu subject to change
This institution is an equal opportunity provider.

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