

HOLLAND ISD

Monday	Tuesday	Wednesday	Thursday	Friday
			Oct - 1 Cereal-Assorted Toast- Wheat Crescent Chocolate fille FRUIT JUICE,ASSOR Chocolate Milk FF MILK,2% Lowfat JELLIES	Oct - 2 Cereal-Assorted Toast- Wheat Zucchini Bread FRUIT JUICE,ASSOR Chocolate Milk FF MILK,2% Lowfat JELLIES
Oct - 5 BREAKFAST BURRIT Cereal-Assorted Toast- Wheat Fresh Apple FRUIT JUICE,ASSOR Chocolate Milk FF White Milk 1% JELLIES	Oct - 6 Cereal-Assorted Toast- Wheat FRENCH TOAST STI FRUIT JUICE,ASSOR Chocolate Milk FF MILK,2% Lowfat Syrup JELLIES	Oct - 7 Cereal-Assorted Toast- Wheat Pizza Bagel-Sausage FRUIT JUICE,ASSOR JELLIES Milk Chocolate Fat Fre Milk 1% White	Oct - 8 Cereal-Assorted Toast- Wheat Biscuit Sausage Patty FC FRUIT JUICE,ASSOR Chocolate Milk FF MILK,2% Lowfat JELLIES	Oct - 9 Cereal-Assorted Toast- Wheat Muffins FRUIT JUICE,ASSOR Chocolate Milk FF MILK,2% Lowfat JELLIES
Oct - 12	Oct - 13 Cereal-Assorted Toast- Wheat BAGELS,CINNAMON- FRUIT JUICE,ASSOR Chocolate Milk FF MILK,2% Lowfat Cream Cheese	Oct - 14 Cereal-Assorted Toast- Wheat Pizza Bagel-Sausage FRUIT JUICE,ASSOR JELLIES Milk Chocolate Fat Fre Milk 1% White	Oct - 15 Cereal-Assorted Toast- Wheat Zucchini Bread FRUIT JUICE,ASSOR Chocolate Milk FF MILK,2% Lowfat JELLIES	Oct - 16 Cereal-Assorted Toast- Wheat Mini Cinnis Pull Apart FRUIT JUICE,ASSOR Chocolate Milk FF MILK,2% Lowfat JELLIES
Oct - 19 Cereal-Assorted Toast- Wheat Pancakes Mini Blueber FRUIT JUICE,ASSOR Chocolate Milk FF Milk 1% White Syrup JELLIES	Oct - 20 Cereal-Assorted Toast- Wheat Biscuit Egg & Cheese FRUIT JUICE,ASSOR Chocolate Milk FF Milk 1% White JELLIES	Oct - 21 Cereal-Assorted Toast- Wheat Pizza Bagel-Sausage FRUIT JUICE,ASSOR JELLIES Milk Chocolate Fat Fre Milk 1% White	Oct - 22 Donuts Mini WG Powd FRUIT JUICE,ASSOR Milk Chocolate Fat Fre Milk 1% White JELLIES	Oct - 23 Poptarts Frost Straw FRUIT JUICE,ASSOR Milk Chocolate Fat Fre Milk 1% White
Oct - 26 Cereal-Assorted Toast- Wheat Chicken Biscuit Biscuit FRUIT JUICE,ASSOR Chocolate Milk FF MILK,2% Lowfat JELLIES	Oct - 27 Cereal-Assorted Toast- Wheat Muffins Sausage Patty FC FRUIT JUICE,ASSOR Chocolate Milk FF MILK,2% Lowfat JELLIES	Oct - 28 Cereal-Assorted Toast- Wheat Pizza Bagel-Sausage FRUIT JUICE,ASSOR JELLIES Milk Chocolate Fat Fre Milk 1% White	Oct - 29 BREAKFAST BURRIT Cereal-Assorted Toast- Wheat Fresh Apple FRUIT JUICE,ASSOR Chocolate Milk FF White Milk 1% JELLIES	Oct - 30 Cereal-Assorted Toast- Wheat Zucchini Bread FRUIT JUICE,ASSOR Chocolate Milk FF MILK,2% Lowfat JELLIES

Menu subject to change
This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.