

# HOLLAND ISD

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																																																																																						
				Mar - 1  Sub Sandwich Rib Q on Bun Veggie Dippers Roasted Potatoes Fresh Apple ORANGES Milk Chocolate Fat Fre Milk 1% White Mustard Ranch Dressing 12 gm Salad Dressing																																																																																																																																																						
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Mar - 4  Steak Fingers Chicken Nuggets Mashed Potatoes Green Beans Fresh Orange Chilled Fruit Mix Milk Chocolate Fat Fre Milk 1% White Ketchup Honey Wheat Roll	Mar - 5  Buffalo ChickenFlatbre Chicken Patty on Bun Ranch Style Beans Garden Salad Fresh Pear Mandarin Oranges Milk Chocolate Fat Fre Milk 1% White KETCHUP Salad Dressing Mustard	Mar - 6  Pizza, Pepperoni BEEF & BEAN TAMAL Corn Fresh Garden Salad Broccoli Fresh PEARS, It syp, canned Applesauce Chocolate Milk FF White Milk 1% Ranch Dressing 12 gm Honey Wheat Roll	Mar - 7  Beef Spaghetti Meatball Hoagie Peas Spinach Salad Banana Applesauce Milk Chocolate Fat Fre Milk 1% White Honey Wheat Roll Ranch Fat Free	Mar - 8  Sausage Wrap Ravioli Beef Graham snacker w/ Ch Mixed Vegetables Carrot Sticks Banana PEARS Milk Chocolate Fat Fre Milk 1% White Mustard Ketchup Bread 100% Whole W																																																																																																																																																						
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\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Mar - 18  Hamburger Grilled Chicken On Bu French Fries Lettuce/Tomato Salad Chilled Fruit Mix Blushing Pears KETCHUP Mustard Salad Dressing Milk Chocolate Fat Fre Milk 1% White	Mar - 19  BEEF TACO- Elem Chicken Fajita Pinto Beans Lettuce/Tomato Salad Fresh Orange Fresh Apple MILK,1% Chocolate MILK,2% Lowfat Picante sauce	Mar - 20  Pepp Pizza CHICKEN POT PIE Corn Fresh Garden Salad Fresh Apple Chilled Peaches Chocolate Milk FF White Milk 1% Ranch Dressing 12 gm Bread 100% Whole W	Mar - 21  Buffalo Mac and Chee Chicken Nuggets Spinach Salad Glazed Carrots Fresh Orange Chilled Fruit Mix Milk Chocolate Fat Fre Milk 1% White Honey Wheat Roll	Mar - 22  Whole Grain Corn Dog Crispy Fish Sticks Roasted Potatoes Green Beans Chilled Pineapple Chilled Fruit Mix Bread 100% Whole W Milk Chocolate Fat Fre Milk 1% White KETCHUP Mustard TARTAR SAUCE																																																																																																																																																						
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This institution is an equal opportunity provider.

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.