

HOLLAND ISD

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 14	Oct - 15 Lasagna with Ground Meatball Hoagie Peas Spinach Salad Banana Applesauce Milk Chocolate Fat Fre Milk 1% White Honey Wheat Roll Ranch Fat Free	Oct - 16 Pizza, Pepperoni Jammin' Turkey Panini Corn Fresh Garden Salad Fresh Pear Rosy Applesauce Chocolate Milk FF White Milk 1% Ranch Dressing 12 gm	Oct - 17 Chicken Spaghetti Chicken Nuggets Ranch Style Beans Sweet Potato Tots CUCUMBER,RAW Banana Mandarin Oranges Chocolate Milk FF White Milk 1% Ketchup Mustard Bread 100% Whole W	Oct - 18 Hamburger Burrito-Cheese/Bean French Fries Lettuce/Tomato Salad Chilled Fruit Mix Blushing Pears KETCHUP Mustard Salad Dressing Milk Chocolate Fat Fre Milk 1% White
Oct - 21 Bahnmi Flatbread San Bacon Ranch Chicken Glazed Carrots Spinach Salad Banana Applesauce Milk Chocolate Fat Fre Milk 1% White	Oct - 22 Popcorn Chicken Hunan Chicken & Fried Rice Herb Roasted Broccoli Asian Fried Rice Celery Sticks Chilled Fruit Mix Fresh Orange Milk 1% White Milk Chocolate Fat Fre	Oct - 23 Pizza-Cheese CHICKEN POT PIE Corn Fresh Garden Salad Fresh Pear Rosy Applesauce Chocolate Milk FF White Milk 1% Ranch Dressing 12 gm Garlic Breadstick	Oct - 24 Fiesta Ranch Chicken Hamburger Tex-Mex Broccoli Veggie Dippers Rosy Applesauce Chilled Peaches Milk Chocolate Fat Fre Milk 1% White Ketchup Mustard Salad Dressing	Oct - 25 Hot Dog with Bun Grilled Cheese Sandwi Baked Beans Carrot Sticks FRENCH FRIES Fresh Apple Fresh Pear Milk Chocolate Fat Fre Milk 1% White
Oct - 28 Honey Siracha Po'Boy Chicken Patty on Bun Pinto Beans French Fries CUCUMBER,RAW Fresh Apple Banana Ketchup Mustard Salad Dressing Milk Chocolate Fat Fre Milk 1% White	Oct - 29 Hot Italian Sandwich chef Salad VEGETABLE SOUP Veggie Dippers Garlic Bread Sticks Orange APPLESAUCE Milk Chocolate Fat Fre Milk 1% White Ranch Fat Free Graham Crackers Van	Oct - 30 Pizza-Cheese Chili Mac Corn Fresh Garden Salad Fresh Pear Rosy Applesauce Chocolate Milk FF White Milk 1% Ranch Fat Free Bread 100% Whole W	Oct - 31 Mummy Dog Grilled Cheese Sandwi Broccoli Fresh Roasted Potatoes Chilled Peaches Blushing Pears Milk Chocolate Fat Fre Milk 1% White Ketchup Mustard	

Menu subject to change
This institution is an equal opportunity provider.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.